

# Eat Well

## For Less?

**'EAT WELL FOR LESS?' IS BACK AND BBC1 ARE LOOKING FOR HOUSEHOLDS TO TAKE PART!**

*Is the cost of your weekly food shop spiralling out of control?*

- Perhaps you're desperate to save but under pressure to keep providing the household favourites?
- Do your health requirements affect your diet? Are you in need of some new inspiration?
- Maybe you need help adjusting to a new financial situation?
- Or are you just bored of buying and cooking the same foods every week?

**...Masterchef's Gregg Wallace and award winning grocer Chris Bavin are on a mission to prove that if you shop cleverly you could save a packet, and still create incredible meals.**

Get in touch to apply or find out more!

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