

# HERTFORDSHIRE COUNTY COUNCIL

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Westfield Primary School  
& Nursery  
Durrants Lane  
Berkhamsted  
Herts. HP4 3PJ

Dear Parents and Carers,

## Forest School information meeting, Thursday 14<sup>th</sup> September at 6.45 pm

Our Wildwood is a fantastic resource enjoyed by our children in many different ways throughout the seasons. Younger children have been taking part in Forest School sessions in the Wildwood for some time and we are now aiming to provide older children with this valuable experience too. I have recently completed my training as a Forest School leader, and we are delighted that Mrs Gower (Nursery teacher) who has joined us this term is also an experienced Forest School leader.

Forest School gives children the freedom to learn through exploration in our Wildwood and develop love and respect for the natural environment. It encourages them to take themselves into the "stretch zone" through learning new skills, making choices, working co-operatively and taking supported risks. This helps them to develop their growth mindset – believing in their ability to learn and change, develop resilience and independence, making decisions and being prepared to make mistakes in order to learn.

Most classes will have regular Forest School sessions this term, and the others will start later in the year. We hope that you can come to the meeting next week to find out more about how Forest School can benefit children, what goes on at Forest School, and how it will work here at Westfield. We are also looking for adult volunteers to join in with our sessions, so please let me know if you would be interested. Please reply using the attached slip by **Friday 8<sup>th</sup> September**.

Yours sincerely

Andrea Lambert  
(Forest School Leader)

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Parent/carer name(s): \_\_\_\_\_

- I can attend the Forest School workshop on 14<sup>th</sup> September at 6.45 pm.  
 I am not able to come to the meeting but I am interested in volunteering.

I have children in the following year group(s):    NURSERY                      RECEPTION                      YEAR 1  
YEAR 2                      YEAR 3                      YEAR 4                      YEAR 5                      YEAR 6

