



WESTFIELD WEEKLY

2nd February 2024

Edition 19

Key Dates

DATES FOR YOUR DIARY

Monday 5th to Friday 9th February

- Feel Good Week

Monday 5th February

- Nursery Parent Tour

Tuesday 6th February

- Safer Internet Day

Wednesday 7th February

- Football Match vs Broadfield Primary (Home)

Friday 9th February

- Year 6 Assembly
- Year 3 W1SPA Cake Sale

Advance Notice

Monday 12th February

- Author Visit – KS1 & Reception

Tuesday 13th February

- Year 6 Height & Weight Screening
- Reception Health Screening
- Parents Evening (late appointments)

Thursday 15th February

- Parents Evening (early appointments)

Friday 16th February

- Year 5 Assembly
- Home Learning celebration in class (children only)

Monday 19th to Friday 23rd February

- Half-Term Break

W1SPA News

World Book Day is THURS 7th March.

We will collect donations next week for a Fancy Dress Sale on **FRI 16th Feb.**

Have a clear out and get some new things! Look out for boxes in the office and the meeting place to drop off costumes and fancy dress items in good condition.

Get in touch! Join our Facebook Group www.facebook.com/groups/wispawestfield or follow us on Instagram www.instagram.com/wispa_pta_group for all the latest.

A message from Miss Leach...



After a week that has felt like a year, we have finally had our latest OFSTED inspection. We have been waiting for several years for this moment and certainly since I've been in post, every time the phone has rung we wondered if it would be them!

We had a very positive experience where leaders felt supportive and the inspectors were very clear on supporting our mental health. Now we wait for the report!

Thank you for your support at open learning morning this morning, we do appreciate that parents can't always make the proposed times and we are looking to varying these times moving forward.

Have a good weekend as always,

Miss Leach

Attendance – Every day at school counts!

Attendance & Number of Late Arrivals: 22 nd – 26 th January 2024						
Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
94.94%	89.66%	96.3%	81.6%	94.48%	86.54%	95.33%
2	6	3	3	6	3	19

Our target is 95%. Being in school each day, if well, gives your child the best chance of learning and making good progress both educationally and socially. Please support the school by ensuring that your child attends school regularly and arrives ready to learn and on time. Thank you

Late Arrivals

Thank you to everyone who arrives on time every day at school.

Unfortunately, we have a growing number of families arriving late at school. We appreciate 'one-offs' and exceptional circumstances do mean that occasionally children may be late into school. However, we have a growing number of children who are persistently late, meaning vital learning is being missed by some children.

Punctuality is an important life skill which we encourage at Westfield. Arriving late puts a child at a significant disadvantage. A pupil who arrives 5 minutes late each day will have missed 3 entire days of school by the end of the year!

When a pupil arrives late to school, there are many consequences:

- They miss out on essential instructions given at the beginning of lessons.
- Pupils might feel awkward and embarrassed going into the classroom when everyone else is already settled.
- When one person arrives late everyone loses out – the class is disrupted and the teacher must take time away from the other pupils, to explain what is going on for the lesson.

ALL CLASSES - Arrive from 08:35 and gates close promptly at 08:50 – children arriving after 8:50am should report to the school office to sign in.

Our registers close at 9.10am. Any children arriving after 9.10am will be logged as an unauthorised absence.

If you are struggling with any aspect of attendance or punctuality, please do reach out to us. There are many ways that we can work together to improve the situation. Thank you for your ongoing support.

LEADERSHIP CORNER



A message from Mrs Goodchild

Below I aim to give a little more detail as covered in Miss Leach's presentation today about our OFSTED this week.

We were notified of our inspection on Monday afternoon, where an initial 90 minutes phone conversation took place with the lead inspector. The inspection took place on Tuesday and Wednesday by two inspectors, one HMI and one OFSTED.

To contextualise the inspection, our last inspection was in 2010, almost 14 years ago. Since that point Westfield has changed from a First into a Primary school. There has also been a change in the curriculum and several OFSTED frameworks and as such no comparison is made by OFSTED between our inspection this week and the one we last received in 2010.

Timeline

Within 18 working days of the inspection: The report will come back to the school to factually check for accuracy. We have 5 days in which to do this.

Within 30 working days of the inspection: The final report will come back to the school for us to share with our school community. About 3-4 days after the school has received the report, it will be available on the OFSTED website for public view.

Explanation of the Judgement

Westfield will receive one overall judgement which is determined by 5 categories. Each of these categories receive their own judgement within the report.

1. Quality of Education – including SEND
2. Behaviour and Attitudes – including attendance
3. Personal Development – pastoral care, PSHE, wider opportunities etc
4. Early Years
5. Leadership and Management – includes leaders at all levels and governance

A best fit model is taken to give the overall judgement however the judgement made on Quality of education is a limiting judgement.

The Report

When the report does come out, it will be quite brief (around 650 words). This short report is a concise overview of the judgements made. Behind the report is a lot of evidence and information we have as leaders to move forward with. You may find it helpful to look at another recent OFSTED report so you are familiar with the way in which these reports are written. They are written very differently to how they have been put together in the past.

Get in Touch

We always welcome suggestions and work in a solution focused way.

Please get in touch:
admin@westfieldprimary.herts.sch.uk

Nursery Admissions for September 2024

Applications for children to start our Nursery in September 2024 will **open on Monday 26th February**. If you have a child who is born from 1st September 2020 to 31st August 2021 or know of someone who has a child of this age and would like to come and find out all about our Early Years provision, please contact the school office to book onto one of our tours. Tours will be taking place on the following dates:

- Monday 5th February
- Thursday 29th February
- Wednesday 13th March

All tours start at 9am.

IMPORTANT REMINDER – WE ARE A NUT-FREE SCHOOL

It has come to our attention that this week there have been food items containing nuts brought into school in children's home provided packed lunches. Please can we remind you that we are a nut free school and we have children in school with nut allergies. **Please do not send into school any foods containing nuts or nut products.** For example:

- Packaged nuts
- Peanut butter or chocolate spreads containing nuts
- Cereal, granola or chocolate bars containing nuts
- Cake or biscuits containing nuts
- Chicken satay and peanut-based sauces
- Any food made with sesame seeds (which can cause a similar allergic reaction)

The above list is not exhaustive. If you are sending your child to school with food such as a snack or a packed lunch, please check the ingredient lists carefully. Thank you for your support.

School Car Park and Respectful Behaviour

We were made aware this week of a near accident in our car park with parents/carers also being verbally abused. We expect all parents/carers and visitors to Westfield to behave in an appropriate and respectful manner to all members of our community and impolite behaviour gives a bad impression of our school and sets a poor example to our children.

It is vitally important that we ensure the safety of all children and parents/carers during dropping off and pick up times so we ask that everyone drives and parks safely and considerately, showing respect and common courtesy for all members of our community at all times. Anyone using the car park, whatever time of day or for whatever reason, must please drive slowly for the safety of all our staff, children and families.

Please can we also remind you that the school car park is for staff and agreed visitors only and parents/carers that need access to the disabled parking spaces and are displaying the appropriate 'blue' parking badge.

Thank you for your support and cooperation.

Road Safety - Scooters

We like to see and encourage the children to travel to and from school by bicycle or scooter, however, we have been informed today of a near accident of one of our children that did not look as they left the pavement to cross the road on their scooter. Please can we ask that you remind your children of the importance of road safety and that it is crucial that they stop, look and listen at all times when crossing the road whether on foot or by scooter.

For safety reasons we also ask that when on the school site, scooters and bikes are pushed rather than ridden so that no one is accidentally bumped into.

Parents Evening

Our next Parents' Evening Consultations take place on Tuesday 13th February (4pm – 7:10pm) and Thursday 15th February (3:30pm – 5:30pm). The booking system via the Arbor Parent Portal will open on Monday 5th February at 6.00pm and will close on Monday 12th February at 9.00am. If you wish to make any changes after this date, please contact the school office.

Home Learning Celebration

The next home learning celebration will take place on Friday 16th February where we will be celebrating with the children in class any work they have completed from the suggested home learning activities. If you need a reminder of the home learning activity grids, these are available on the class pages on our school website. We look forward to seeing the amazing work that the children have completed this half term.

Thank You – Royal British Legion Poppy Appeal

Thank you to everyone that supported our Royal British Legion Poppy Appeal where we raised £183.26 to help support the Armed Forces community past and present. Thank you for your support.

Hertfordshire Community NHS Trust

Earlier this week we sent home information about the rise in measles across England. We have received further information from Hertfordshire NHS Trust about how you can check your child has had both MMR vaccinations with their GP, on the NHS app or in your child's red book. Catch up vaccines are available via a GP or the School Aged Immunisation Service (details below). GP's, the Immunisation service and you're the school nursing team are happy to discuss the MMR vaccine with any parents who have questions or concerns and the School aged immunisation service can be contacted at admin-imms@nhs.net or telephone: 01727 732062.

Wellbeing and Parenting Information

Adult Self-Care Workshops

Suzanne Stace is running a series of self care workshops in March and April for adults. A chance for you to re-connect with your body, mind and innerself including practical self-care tips and mindful breathwork to support your own well being. She is running a taster self-care session at Epicure, High Street, Berkhamsted on Wednesday 20th March 7-8:30pm and 4-week self-care sessions starting on 8th April from 7:30-9pm at The Dowerhouse in Berkhamsted. For more information, please contact Suzanne on 07852 995184 or suzannestace@unlockingchildrenspotential.co.uk

Children and Young People's Healthy Weight Survey

Hertfordshire's Children and Young People Public Health Team are carrying out a consultation regarding Child Healthy Weight Services. The current service has been delivered since 2019 by BeeZee Bodies www.beezeebodies.com

You may know of this service from one of the various programmes offered across the age ranges such as BeeZee Families, Families Lite, B.Youth or HENRY.

The survey should take around 5 minutes and is anonymous, the deadline for submission is 4th February.

For parents/carers

If you have had experience of our children and young people's Healthy Weight Service (provided by BeeZee Bodies), or you have views on this topic, we want to hear from you. Your views are important and can help us understand how to provide services in the future. Our survey will ask you about things like weight management, fitness and nutrition, and you'll have the chance to win a £50 food voucher.

There is also a children and young people's survey available, please help your child complete this if appropriate.

<https://surveys.hertfordshire.gov.uk/s/CYPHealthyWeightServiceParentCarer/>

For children and young people

If you are a young person aged 8-18 living in Hertfordshire, we want to know if you have been helped by our Healthy Weight Service and what you think about things like being a healthy weight, keeping fit and eating well. Please fill in our survey. Your ideas will help us understand how to help people in the future. You can ask a parent or carer to help you if you want to.

You'll have the chance to enter a prize draw to win a £50 sports shop voucher.

<https://surveys.hertfordshire.gov.uk/s/CYPHealthyWeightService/>

Dr Kathy Weston Newsletter

Dr Kathy Weston's Wednesday Wisdom this week, 'Role Reversal' looks at how we can empower our children by them teaching us and how by us stepping back sometimes and not trying to solve everything for them can give our children the best chance to thrive: [Wednesday Wisdom](#) | [Role Reversal](#) | [Tooled Up Education](#)

Bounce Forward – Anxiety Unravelled

Children and young people will feel anxious and worried from time to time. Anxiety is a normal and predictable response to uncertainty. The way we respond as parents, and deal with our own anxiety plays a significant part in building our children's capacity to cope and develop mental resilience.

Funded by DSPL8, Bounce Forward are running a course for families in Dacorum to help you support your child with their anxieties. The course starts on 28th February 8-9pm for 3 weeks. For more information on this course, please click the link below: [Anxiety Unravelled - Bounce Forward](#)

Mental Health First Aid (MHFA) Course

Mental Health First Aid (MHFA) Youth is an internationally recognised approach, designed to teach people how to spot the signs and symptoms of mental ill health in young people and provide help on a first aid basis.

This course is suitable for people who teach, work, live with and care for children and young people aged 8 – 18.

The sessions will provide:

- An understanding of common mental health issues and how they can affect young people
- Ability to spot signs of mental ill health in young people and guide them to a place of support
- Knowledge and confidence to advocate for mental health awareness
- Skills to support positive wellbeing

Courses are being held on 15th February and 7th March at Hobbs Hill Wood Primary School. To book, please visit: [Mental Health First Aid \(MHFA\) 1 day course for Parents & Carers](#)

Local Events and Information

Hemel Storm Basketball February Half Term Camp

Storm Basketball are running camps for both primary and secondary school aged children on Wednesday 21st (Primary) and Thursday 22nd February (Secondary). The camps will run from 9am – 3pm at John F Kennedy School, Hemel Hempstead. Cost: £40 for the day. To book or for more information please visit:

www.stormbasketball.net/junior-camps or email: juniordoaching@stormbasketball.net

Bubble Rush

The Hospice of St Francis are bringing a whole lot of bubbly fun back to Gadebridge Park this May for their Bubble Rush Family Fun Run! The only Bubble Rush in the local area.

On Sunday 19th May, anyone from tots to teens, grown-ups to grandparents, will have fun running 5km (2 x 2.5km loops) through masses of multi-coloured bubbles at bubble-tastic family fun event, whilst raising money for their local Hospice. This event is the perfect chance to get friends and family, of all ages, together to create some lasting memories.

The event is a fun, untimed run so families can go at their own pace and run, dance, toddle, skip or walk their way around the route, through the different coloured bubble stations. It is also a fantastic way to keep the kids active whilst having the time of their lives! Bubble Rush is the ONLY event that has foam cannons pumping out masses of coloured bubbles! What's not to like?!

For more information and to book, please visit: <https://www.stfrancis.org.uk/bubble-rush/>

St Mary's Community Garden & Wildlife Area

A small group of local Northchurch residents are hoping to create a community garden and wildlife area in the disused St Mary's school playground on the corner of New Road and the High Street. Anyone interested in helping with the project is invited to attend a public community meeting at the **Parish Rooms next to St Mary's church in High Street, Northchurch, HP4 3QW**. It is also an opportunity to find out what we've done so far, and where we need help. The meeting will take place from 7-8pm on the 20th February. Please see the flyer below for more information.

Dacorum Borough Council Local Cycling and Walking Consultation

Hertfordshire County Council is working with Dacorum Borough Council to develop a Local Cycling and Walking Infrastructure Plan (LCWIP). The plan forms part of the Government's strategy to increase the number of trips made on foot or by bike.

It will help to identify walking and cycling routes of most importance to the community over the next 10 years. Funding will be sought from central Government. The aim is to make these routes more attractive and viable options than using a car.

The consultation which is now open until 11:59pm 26th February, 2024 and to take part in the consultation online, and for more information, please visit: www.dacorum.gov.uk/walkingandcycling

Sporting Kids Football Development Camp

During half term, Sporting Kids are running a Football Development camp at Broadfield Academy (HP2 4BX) from 19th-23rd February 9am-3pm for children aged 4-13 years. Cost: £20 a day or £90 for the full week (10% sibling discount). For more information or to book, please visit: <https://sporting-kids.classforkids.io/info/59>

Letters/Flyers/Information sent home this week

- Measles Information
- Bridgewater Cross Country Event – Years 3 to 6
- Year 6 The Lancaster Model Health Questionnaire
- Term Dates 2024-25

Copies of all letters sent home can be found in the letter rack outside the office and can also be accessed from our website within the '[Letters Home](#)' page

Our School Value this half term is Courage

****New for March****

Tired? Stressed? Unhappy?

Overwhelmed with life?

**ALWAYS
CARE FOR
EVERYONE ELSE
BUT YOU ?**

JOIN ME FOR ONE OF MY TASTER SELF-CARE SESSIONS

AT- EPICURE HIGH STREET BERKHAMSTED

ON -WEDNESDAY 20TH MARCH 7-8.30PM

THIS IS PROTECTED TIME FOR YOU TO RE-CONNECT
WITH YOUR BODY , MIND AND INNERSELF

Re-discover what you feel, need and want more of in your life.
Learn practical self-care tips, including mindful breathwork
to introduce 'little wins' to care for you.

**12/14 who attended my last Taster session
booked on for my 4 week workshops**

This is what they said ...

'I didn't realise just how much I need self help and to make time for me- thank you.'
'loved the way you gently led the group - it felt safe'
'Loved the breath work and being able to take time to stop, pause and recognise that 'the mask' I wear only helps for a bit before it all becomes too exhausting.'

SESSION COSTS £5 AND MONEY GOES TO AGE UK EPICURE'S CHARITY
INCLUDES REFRESHMENTS
LIMITED PLACES AVAILABLE SO BOOK NOW-WHY NOT BRING A FRIEND TOO

Suzanne
0785 299 5184
suzannestace@unlockingchildrenspotential.co.uk
www.unlockingchildrenspotential.co.uk

****New for April****

Tired? Stressed? Unhappy?

Overwhelmed with life?

**ALWAYS
CARE FOR
EVERYONE ELSE
BUT YOU ?**

JOIN ME FOR 4 WEEK SELF-CARE SESSIONS

AT- THE DOWERHOUSE BERKHAMSTED
ON -MONDAY EVENINGS IN APRIL
FROM 8TH - 29TH APRIL FROM 7.30- 9.00PM

THIS IS PROTECTED TIME FOR YOU TO RE-CONNECT
WITH YOUR BODY , MIND AND INNERSELF

Re-discover what you feel, need and want more of in your life.
Learn practical self-care tips, including mindful breathwork
to introduce 'little wins' to care for you.

**12/14 who attended Taster session
booked on for my 4 week workshops**

This is what they said ...

'I didn't realise just how much I need self help and to make time for me- thank you.'
'loved the way you gently led the group - it felt safe'
'Loved the breath work and being able to take time to stop, pause and recognise that 'the mask' I wear only helps for a bit before it all becomes too exhausting.'

SESSION COSTS £25 (4 WEEKS = £100)
INCLUDES REFRESHMENTS
LIMITED PLACES AVAILABLE SO BOOK NOW-WHY NOT BRING A FRIEND TOO

Suzanne
0785 299 5184
suzannestace@unlockingchildrenspotential.co.uk
www.unlockingchildrenspotential.co.uk

Bounce Forward

Anxiety Unravelled

Supporting my child with Anxiety

Feb 28th, March 6th & March 13th 2024 at 8-9PM

Highlights

- Three, 1hr sessions
- Live or on-demand
- Lifetime access

A three-session online course for parents

The world around us can generate plenty of uncertainty and affect the way we go about our daily lives.

You may be more worried than usual or perhaps you are in the midst of a growing cycle of worry and concern that you'd like to unravel. **You are not on your own.**

"Learning about the strategies to help us deal with anxiety was particularly useful and I am using these to help manage my own anxiety as well as my son's."

Join us for a series of three 60-minute sessions to explore anxiety. The sessions will provide a space to think about your own responses and provide practical tips and advice that you can use at home to help your children develop their resilience to anxiety.

[Click here to register](#) [Find out more →](#)

**MENTAL HEALTH
FIRST AID TRAINING**

**1 DAY CHAMPION COURSE
FOR PARENTS & CARERS OF
8 TO 18-YEAR-OLDS
FREE TRAINING
09:30AM - 16:00PM**

MHFA England

WHAT YOU WILL LEARN

- AN UNDERSTANDING OF COMMON MENTAL HEALTH ISSUES AND HOW THEY CAN AFFECT YOUNG PEOPLE
- ABILITY TO SPOT SIGNS OF MENTAL ILL HEALTH IN YOUNG PEOPLE AND GUIDE THEM TO A PLACE OF SUPPORT
- KNOWLEDGE AND CONFIDENCE TO ADVOCATE FOR MENTAL HEALTH AWARENESS
- SKILLS TO SUPPORT POSITIVE WELLBEING

COURSE STRUCTURE

SESSION 1- ABOUT, WHAT IS MENTAL HEALTH AND MENTAL ILL HEALTH, STIGMA AND DISCRIMINATION, DEPRESSION AND SUICIDE.
SESSION 2 MENTAL HEALTH CONDITIONS: ANXIETY, SELF-HARM, EATING DISORDERS, PSYCHOSIS, RECOVERY, RESILIENCE

For further information please contact:
hweicbhy.schoolsmh@nhs.net

**SUNDAY
19th MAY**

BOOK NOW

STFRANCIS.ORG.UK/BUBBLERUSH

**BUBBLE
RUSH**

GADEBRIDGE PARK

**HEMEL
HEMPSTEAD**

The Hospice of St Francis
Helping people live better

Sponsored by
SAFRAN

SPORTING KIDS

**FOOTBALL
DEVELOPMENT
HALF TERM CAMP**

**10% SIBBLINGS
DISCOUNT**

**£20 A DAY
OR £90 FULL WEEK**

**19TH -23RD
FEBRUARY**

**9AM-3PM
AGES 4-13
BOYS AND GIRLS**

**FRIDAY 23RD
INFLATABLE DAY**

BROADFIELD ACADEMY
Windmill Road, HP2 4BX
MORE INFORMATION
admin@sportingkids.co.uk

Registration Link
<https://sporting-kids.classforkids.io/info/59>

BOCA
Football Academy

GREEN GAINS
Football Academy

Capital
Football Academy

R.MARTINDALE
HOOFING CONTRACTOR

Robert Traynes & Jewellers Ltd
www.rtraynes.co.uk

wilder

**Help us
re-wild
St. Mary's School
Playground!**

For a year now a small group of Northchurch residents have been working with St Mary's School and Herts & Middlesex Wildlife Trust to come up with a plan to make this unloved space into something lovely for the local community, as well as helping to reduce the levels of traffic pollution. We would like to invite you to an informal public meeting to find out more.

**Please join us on Tuesday 20th February
7pm to 8pm at the Parish Rooms, High Street,
Northchurch HP4 3QW**

Please RSVP to beloe@live.co.uk

**wildlife
TRUSTS**
Herts and
Middlesex

Hertfordshire

LOUGHBOROUGH COUNCIL

**Have your say to make
cycling and walking in
Dacorum better for all...**

An initial consultation on the Local Cycling and Walking Infrastructure Plan is now open until 11.59pm on Monday 26 February 2024.

To take part in the consultation online, and for more information, please go to:
www.dacorum.gov.uk/walkingandcycling
Email: Dacorum.LCWIP@hertfordshire.gov.uk

SCAN ME